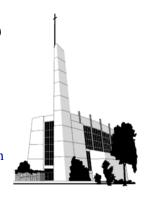


EXPECTATIONS

News from the United Methodist Church of Garden Grove 12741 Main Street, Garden Grove, CA 92840-5204 Office~(714) 534-1070; FAX~(714) 534-1072; Preschool~(714) 530-0282;

E-mail~ggumc@ggumc.net; Editor E-mail~exp@ggumc.net; Web Page~www.ggumc.net; Follow us on Facebook https://www.facebook.com/GardenGroveUnitedMethodistChurch



May 2018

Celebrating Pentecost

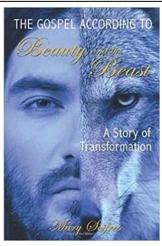
Pentecost Sunday, May 20, 2018! – commemorates the descent of the Holy Spirit upon the Apostles and other followers of Jesus Christ as described in the Acts of the Apostles (Acts 2:1–31).

Pentecost will be celebrated by all our worship ministries (English language, Korean, Samoan, Vietnamese, and Mar Thoma) at the 9:30 a.m. English language service. Pastor Yong Park (Korean) will be preaching. Worship service will be followed by brunch on the patio.



Mark your calendars for our May General Meeting at 5:30 p.m. on Wednesday, May 16th when our guest will be Rev. Mary Scifres who will do a presentation on her new book "The Gospel According to Beauty and the Beast: A Story of Transformation". We will start with dinner, \$6.00 suggested donation, followed by the program. Afterwards she will be available to sign your books and also have copies

available for purchase. Because they are expecting greater than usual attendance to this meeting, please R.S.V.P. to Sue Spangler, 714-534-7356 or sjspangler@aol.com, or Sally Hickman, 714-839-0120 or sallymusicfv@yahoo.com so they know how much food to prepare.







AVON funderaising

Garden Grove United Methodist Church Preschool

SPARKLE LIKE YOUMEAN IT

BEST WISHES NECKLACE

Silvertone with sparkling rhinestones, $16^{\prime}/2^{\prime\prime}$ L with $3^{\prime\prime}/2^{\prime\prime}$ extender, reg. \$9.99

ANY 2 FOR \$18



You can place an order on the patio after worship on Sunday, April 29th, use the order form in the Church Office, or email the representative directly at julziesavonplace@gmail.com.



Everyone is invited to the monthly Brunch prepared and served by our United Methodist Men in Acker Hall on Mother's Day, Sunday, May 13th at 10:45 a.m. All are welcome to come for food, fellowship, and fun. Bring the special women in your lives who are mothers and treat them to breakfast! \$5.00 suggested donation.



We are looking for a few good men and women to usher on Sunday mornings at the 9:30 a.m. We have two worship service. usher teams so that everyone works a month and then has a month off. We could also use some people who would be willing to usher when needed if someone is sick or not able to come for some other reason. If you are interested or want to know more about it contact Sandy Boekelheide at 714-616-1007 or moxieandninapuppie@sbcglobal.net for more information.

Strawberry Forting is coming: May 25th – 28th

It's that time of year again! Soon they will be blocking off Main Street and the rides and booths will be going up. Most of the week leading up to the festival Main Street will be blocked off between Euclid and Acacia except southbound traffic between Stanford and Acacia. Because of this you may not be able to get to the church the way you normally would. You may use Wesley Village drive as an alternate entrance. Also the Main Street Parking Lot is rented to the city Friday through Monday. Because of this and Wesley Village there won't be any parking available all day on Friday, Saturday, and Monday. If you need to be here for church business talk to Janine. *On Sunday at least the northern section of the Main Street Parking Lot will be open for you to attend all worship services*.



We are reaching to the Vietnamese community by teaching English and helping them to prepare for the U.S. Citizenship interview. If you can spare one hour between 11:00 a.m. and 12:00 noon on one or more Saturdays to do so then you are the one that we are looking for. Contact Joshua Le (714-804-4956) for more details. Thank you and may God richly bless you.



Expectations Mailing Preparation Volunteers Needed

Our Mailing Team could use some additional volunteers to help with putting the newsletter together, fold it once, put seals and labels on them. It would also be nice to have a few people as subs when regulars are sick or out of town. Also if someone would like to learn to run them through the postage meter and take them to the Post Office that would be great. We will teach you how to do it, so no previous experience is necessary. Our next mailing will be Thursday, May 31st at 1:00 p.m. If you want to volunteer and/or have questions, call Janine, 714-534-1070 or just show up.

Janine Ryder, Editor

- Wednesday, May 2nd, 9:30 a.m. Trinity Circle Meeting at Jonni Lorenz'.
- Wednesday, May 2nd, 6:30 p.m. Church Council Meeting in the Lounge (please note change of date).
- Wednesday, May 9th, 7:00 p.m. Worship Commission Meeting in the Conference Room (please note change of date).
- Wednesday, May 9th, 7:00 p.m. Congregations Coordinating Council (CCC) Meeting in the Lounge.
- Saturday, May 12th, 9:00 a.m.-1:00 p.m. Lestonnec Free Clinic Health Fair in the Church Parking Lot.
- Sunday, May 13th, 10:45 a.m. Mother's Day Brunch in Acker Hall. See page 2 for more information.



- Sunday, May 20th, 9:30 a.m. Pentecost Sunday in the Sanctuary. See front page for more information and remember to wear red!
- Friday-Monday, May 25th-28th The Strawberry Festival! The City of Garden Grove will be using our parking lot for the weekend. The northern section of the lot will be available for use by church attendees during all worship services on Sunday, May 20th. See page 3 for more information.

Ongoing Activities

- **Tuesdays, 4:00 p.m.** Cherub/Chorister Choir (age 5-Grade 6) Rehearsal in the Choir Room. *There will not be rehearsal on May 15th*. If you have any questions, please call Sally Hickman at 714-839-0120 or 714-376-8391 (cell).
- Wednesdays, 8:30 a.m. Vietnamese Bible Study in the Chapel.
- **Thursdays, 9:30 a.m. Bible Study** in the Lounge. This group will resume it's study of Revelation on May 3rd. All are welcome to participate in this group.
- **Thursdays, 4:30 p.m. Sonshine Singers (grades 7-12) Rehearsal** in the Choir Room. If you have any questions, please call Sally Hickman at 714-839-0120 or 714-376-8391 (cell).
- Thursdays, 7:00 p.m. Chancel Choir Rehearsal (adults) in the Choir Room. We would love to have you join us; you do not have to have the best voice just a love of singing. Call Sally Hickman, 714-839-0120, or Jonni Lorenz, 714-638-4640, for more information.
- **Saturdays, 2:30-5:00 p.m. Vietnamese Language Classes** in Room 10. For children and youth, kindergarten through 7th grade who want to learn Vietnamese. Free!
- Saturdays, 2:30-5:00 p.m. NEW! English Classes in the Lounge. For adults, who want to learn English. Free!

Choir Members Enjoy Health, Spiritual Benefits

There they are, on page vii of the United Methodist Hymnal, "Directions for Singing" from John Wesley, the founder of Methodism:

"Sing all... Sing lustily and with good courage... Sing in time... Above all, sing spiritually. Have an eye to God in every word you sing... So shall your singing be such as the Lord will approve here, and reward you when he cometh in the clouds of heaven."

Rewards in heaven? Sounds like a good enough reason to sing in a church choir.

But what is it about singing that seems to be part of our Wesleyan DNA? How does singing help choir members enjoy a greater understanding of how and why we worship our God, a deeper connection with one's church and community, and even better health?

"It's natural for Methodists to sing in harmony. They are too modest to be soloists, too worldly to sing in unison. When singing in the key of C and they slide into the $A7^{th}$ and $D7^{th}$ chords, all two hundred of them, it's an emotionally fulfilling moment. By joining in harmony, they somehow promise that they will not forsake each other." – *Attributed to Garrison Keillor*

Better Worship

A common statement about singing in church is "To sing is to pray twice." Although the statement is often attributed to Augustine, the actual author is unknown. Still, the sentiment is true. Music is an art form that lifts up ordinary text to another level that inspires us and nurtures our souls.

"Music is an integral part of how we relate to God," says the Rev. Laura Jaquith Bartlett, program director of the United Methodist Alton L. Collins Retreat Center in Eagle Creek, Oregon, and leader of the Great Hymns of Faith Retreat. "It is how we understand at a deeper level what goes beyond words, what our relationship is with the Divine, and how we are shaped together as a community of faith."

Of all the art forms, "music is one of the most easily accessible types of art in worship," says Bartlett. "There's nearly always an opportunity to open your mouth and make music together with the rest of the people in that service. Right there you've got an opportunity to experience the Divine in a different way than just to listen to someone read about God," she says.

"Christianity is not a solitary religion," says the Rev. Karen Westerfield Tucker, professor of worship at Boston University School of Theology, "John Wesley certainly made the case that it is a 'social' religion – both in its worship and in its concern for the care of the neighbor," says Tucker.

Better Community

The benefit of singing with and caring for others goes beyond church walls, as many community choirs will attest. In these days of an increasingly polarized culture, music can be a common bond between peoples.

"Through music, we can build community," says Dr. Jonathan Palant, Minister of Music at Kessler Park United Methodist Church in Dallas, Texas. Dr. Palant is also the founder and director of Credo Choir and Dallas Street Choir.

"We bring people together in peace and harmony. I know it sounds trite, but it's exactly what we do. In a choral setting, not only are we creating friendships with each other, but the audience can see, between the Dallas Street Choir and Credo, people in different socio-economic groups, skin colors, sexual orientations and religious affiliations," he says.

"By singing in a choir, regardless where (church, community, university, secondary school, etc.), music becomes the conduit that brings us together in a very safe and equal environment," says Palant. "We come together in song; everything else (about individual choir members) is irrelevant. We come together in worship, in song, in prayer, to learn and to be better citizens of this world."

Better Health

"We believe singing in a choir and other creative arts can promote healthy aging," says Dr. Julene Johnson, a University of California at San Francisco professor and founder and director of the Community of Voices study. "We were looking for a way for older people to remain independent and engaged. We knew that to have an effect the activity had to be meaningful, engaging and challenging. The creative arts do that."

A similar study on the health benefits of singing for older adults is being conducted in Finland. Preliminary results suggest that community choral singing does indeed provide a better quality of life for participants.

Increased lung capacity and greater oxygenation of the blood resulting in improved alertness are all associated with singing. Singing is also good for the brain, especially when memorization is involved. "Singing is of great interest to neuroscientists as it would seem that there is more of the brain given over to the processing of music than almost any other activity," says Dr. Graham Welch, professor at the Institute of Education in London.

One of his studies involved four- to five-year-old children and found that those with musical training showed enhanced language abilities and memory for words. There was also evidence that taking part in singing and other musical activities improves certain aspects of non-verbal reasoning, literacy, and working with numbers.

So with this evidence that one's health is improved through singing, how important is singing to our faith as United Methodists?

"It all goes back to Wesley's words 'Do all the good you can," says Palant. "This is the outlet that singers choose to act upon those words. Choir members find their spirituality and their faith through song and through the choral community."

For more articles about music and The United Methodist Church, go to www.umc.org/music.

by Christopher Fenoglio

If you are interested in enjoying the benefits of singing in the choir, call Sally Hickman, 714-839-0120, or Jonni Lorenz, 714-638-4640, for more information. You can find rehearsal information on page 4.

May Birthdays

May 4th

Mona Shewman

May 5th

Ron Beaman Fernando Peñaloza Zachary Pua

May 8th

Lois Elwell Richard Romine

May 9th

Susan Kusinsky

May 12th

Sonja Hofland

May 13th

Jason Fisher Johnny Seto

May 14th

Helen Burchfiel

May 15th

Sunny Purcell Mullaly

May 16th

Joyce Hall

May 17th

Jonni Lorenz Sherry Saunders Darlene Tuua

May 18th

Djenni Yap Purba Suzanne Richey

May 19th

Joyce Brittain Faye Gregory Sally May May 20th

Gerry Starnes

May 21st

Lyle Gormley Ken Klein Geri Ogle

May 24th

Patricia Turner

May 26th

Janet Dedeaux Dong Van Cao Shannon Nash

May 28th

Jake Wiertzema





Lestonnac Free Clinic Wesley Village

The clinic is open Tuesdays 9:00 a.m.-12:00 p.m., Fridays 9:00 a.m.-5:00 p.m. (closed 12:00-1:00 for lunch), and Saturdays 9:00 a.m.-12:00 p.m. The phone number to call for appointments is 714-633-4600. They have moved to the first floor of the Wesley Village Family Building on Acacia.

Church Staff

The ministers of this Church are its members. They are assisted by:

Bishop	Bishop Grant J. Hagiya
District Superintendent	John Farley
Clergy	Bau Dang,
	Yong Sam Park, Toné Tosi
Assistant Minister	Joshua Le
Administrative Assistant	Janine Ryder
	H. H. Hanson
Director of Youth/Children	Choirs Sally Hickman
Financial Bookkeeper	Linda Gregory
I.T. Technician	Charles Goh

Media Technician	Vivianna Goh
Membership Secretary	Mary Lou Ball
	Rev. Andrew Lee
	Joshua Doan
	Quynh-Hoa Nguyen
	Janine Ryder
Organist	Norberto Guinaldo
Music Leaders Da	ng Nguyen, Quang Nguyen
Preschool Director	Elizabeth Solares
Wedding & Reception Coo	rdinator Mitzie Larson



Please Remember These People In Your Thoughts And Prayers

Steve Goodwin, nephew of Roy & Ann Stewart, complications from a broken leg & that no more surgery is needed

The family & friends of Julia Brown, sister of Rick Brown, who died on Sunday, April 22nd

Dick Kellogg, son of Shirley Kellogg, at home recovering after hip surgery & a transfusion

Lee Ann Orr, 2 broken fingers

Ed Oleson, recovering after a heart valve replacement on Thursday, April 19th

Norma Harpring, friend of Roy & Ann Stewart, & family after the death of her husband, Don

Delayse Guyer, friend of Roy & Ann Stewart, recovering after gall bladder surgery

Jody, Stacey Beard's sister, homelessness & paranoia, trying to find help for her

Gary, Stacey Beard's brother, undiagnosed back pain for over a year

Tracy, Stacey Beard's sister, traveling mercies for trip to east coast

Downsizing victims at Gail Brown's work

June Walth, in a nursing home

Amy Parker, recovering at home after hip surgery Helen Sothan, recovering at a convalescent center after breaking her leg

Ruth Banagas

Joe Carmona

Bud Ruhl

Margaret Heise

Hal Colebaugh

Gwen Anderson, recovering at home, in pain

David Gregory, dealing with pain

Marilyn Baker, health & memory issues

Lilas Green, health issues



Hello, this is Amy Parker expressing my thanks and gratitude to one and all for your thoughts, prayers, cards, calls, flowers, prayer shawl, and visits following my recent surgery and during my period of recovery. These many gestures of love and friendship have uplifted my spirits and contributed to my recovery, which is going well. I look forward to seeing you in church soon.

Blessings, Amy Stacey Beard is thankful that their family is growing, maturing & loving each other.

Stacey Beard is thankful for health & wellbeing for Doug & continuing his spiritual journey.





There are openings on the Prayer Chain for anyone interested in serving our church with prayer. The weekly list of prayer requests will be phoned to you every Monday. Depending on the number of requests, it would mean 5-10 minutes of additional prayer time. Call Shirley Kellogg, 714-539-0546, if you would like to join the team or for more information.



Worship Committee would like to thank the multitudes who helped with the Easter cleanup. The church looked wonderful due to everyone's diligent efforts!

EXPECTATIONS



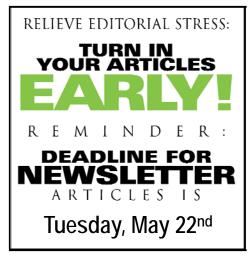
United Methodist Church of Garden Grove 12741 Main Street Garden Grove, CA 92840-5204

DATED MATERIAL 05/01/2018

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EXPECTATIONS





The *Expectations* deadline for the June issue (to be mailed on Thursday, May 31st) is Tuesday, May 22nd. News and Events for June and July should be in this issue. You may E-mail articles to exp@ggumc.net, bring them to the Church Office, mail them, or (if they are short) call them in, on or before the deadline.

Janine Ryder, Editor