

A MESSAGE FROM: Orange County Business Council

Updated as of April 27, 2020 and includes resources for food, veterans, mental health services, senior services, childcare, opportunities to give back and more. New items are noted with an asterisk.

Please contact James Alley, jalley@ocbc.org, to add to this list.

Food Resources for Families

Arbor Christina Fellowship: Free Food Distribution*

- Hours: First and Third Monday of each month. Arrive by 10:00 a.m.
- Phone: (949) 830-7473
- Location: 23302 El Toro Road, Lake Forest, CA 92630

Calvary Chapel WestGrove: Food Pantry*

- Food Distribution
- Hours: Wednesdays 5:30 p.m. 6:30 p.m. and Fridays 3:00 p.m. 4:50 p.m.
- Location: 12832 Knott Street, Garden Grove, CA 92841

Christ Cathedral: Food Bank

- Pre-bagged food distribution: Thursday, 10:00 a.m. 2:00 p.m.
- Location: 13280 Chapman Ave, Garden Grove, CA 92840 by front gate of the property

Cool Water Ministries: Mobile Food Pantry*

- Must be 13+ years of age.
- Hours: Fourth Saturday of the Month 12:00 p.m. 1:30 p.m.
- Location: 515 East Almond Avenue, Orange, CA 92866

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Christina Church Eben-Ezer*

- Hours: Fourth Saturday of the month at 11:30 a.m.
- Phone: (562) 458-4629
- Location: 555 Main Street, Tustin, CA 92780

Community Action Partnership and Power of One Foundation

- Providing Emergency Food Kits, one kit per car
- Hours: Saturday's 8 a.m. 2 p.m.
- Location: Mainplace Mall 2800 N. Main Street, Santa Ana, CA 92705
- For more information, please visit www.capoc.org/resources

Family Assistance Ministries: Food Bank*

• Hours: Monday 10:00 a.m. - 6:00 p.m., Tuesday and Thursday 10:00 a.m. - 3:00 p.m., Friday

9:30 a.m. - 12:00 p.m., and second Saturday of every month 9:00 a.m. - 11:00 a.m.

- Phone: (949) 492-8477
- Location: 1030 Calle Negocio, San Clemente, CA 92673

Families Forward: Drive Through Food Bank

- Drive through service including food and diapers
- Monday Friday 10:00 a.m. 2:00 p.m.
- Location: 8 Thomas, Irvine, CA 92618

Food for Christ at the Rock: Drive Through Food Bank

- Hours: Drive through will be 7:00 am 9:00 am on Saturday.
- Phone: (714) 331-6311
- Location: 101 East Orangethorpe Avenue, Anaheim, CA 92801

First United Methodist Church of Orange: Sack Lunch Program*

- Small bag of nonperishables
- Hours: Monday-Friday 11:00 a.m. 2:00 p.m.
- Location: 161 South Orange Street, Orange, CA 92866

H.O.P.E: Food Pantry*

- Pick up groceries by appointment only
- Phone: (714) 539-4357
- Location: 11022 Acacia Pkwy #C, Garden Grove, CA 92840

Helping Hands: Food Pickup*

- Food pickup sites may vary, call for more information
- Phone: (949) 230-7318
- Location: Dana Point

Mariners Church: Food Pantry*

- Hours: Wednesday-Friday 9:00 a.m. 1:00 p.m.
- Phone: 949-769-8131
- Location: 5001 Newport Coast Dr, Irvine, CA 92603

Saddleback Church: Peace Community Resource Center Food Pantry

- Fresh and nonperishable grocery items, packages contain 5 days worth of food
- Families may receive assistance once every 30 days
- Locations: Anaheim, Irvine South, Laguna Woods, Lake Forest, Rancho Capistrano, San Clemente

Saint Paul's Episcopal Church

- Groceries
- Hours: Sundays 5:00 p.m. 6:00 p.m.
- Phone: (714) 544-3141
- Location: 1221 Wass Street, Tustin CA 92780

Salvation Army Orange County: Drive Through Food Distribution

- Canned foods, produce, frozen goods
- Monday, Wednesday, Friday 9:00 a.m. 1:00 p.m. and Tuesday, Thursday 2:00 p.m. 6:00 p.m.
- For residents of North and Central Orange County Bring ID
- May receive food once monthly, Must meet low income guidelines (TEFAP)
- Location: 1515 W. North Street, Anaheim, CA

The Salvation Army of Southern California*

- Bring Picture ID
- Hours: Tuesday, Wednesday and Thursday 1:00 p.m.-4:00 p.m.
- Phone: (714) 832-7100
- Location: 10200 Pioneer Road, Tustin, CA 92782

Second Harvest Food Bank Drive Through

- Saturdays 9:00 a.m. to 12:00 p.m.
- Location: Honda Center parking lot: 2695 E. Katella Ave. Enter off South Douglass Road.

Southwest Community Center

- Provides Hot Meals. Must Be Consumed off-site.
- Hot Meal Hours: Monday-Sunday 12:00 p.m.
- Food Pantry Hours: Monday and Wednesday 9:00 am-1:00 pm
- Phone: (714) 547-4073
- Location: 1601 West Second Street, Santa Ana CA 92703

Someone Cares Soup Kitchen: Free Meals*

- Hours: Monday Friday 12:00 p.m. 3:00 p.m. and Saturday Sunday 9:00 a.m. 11:00 a.m.
- Phone: (949) 548-8861
- Location: 720 West 19th Street, Costa Mesa, CA 92627

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- Location: 1601 West Second Street, Santa Ana CA 92703

South County Outreach: Appointment Only Food Pantry

- Food distribution will be by appointment only. Any shopper coming without an appointment will be directed to call the hotline.
- Phone: Pantry Hotline at 949-380-8144 ext. 207
- Location: 7 Whatney, Suite B, Irvine, CA 92618

South Shores Church: "Feed the Need" Food Distribution*

- Hours: Sunday mornings 11:30 a.m. 12:30 p.m.
- Phone: (949) 234-1302
- Location: 32032 Del Obispo Street, San Juan Capistrano, CA 92675

St. Timothy's: Drive Through Food Service*

- Hours: Monday Wednesday 9:00 a.m. 11:00 a.m.
- Phone: (949) 249-4091
- Location: Laguna Niguel

Tustin Drive Through Food Drive

- Monday through Friday 9:00 a.m. 1:00 p.m.
- Location: Families Together of Orange County Community Health Center, 621 West First St., Tustin CA, 92780

Food Resources for Children

OC School Grab and Go Meals: Comprehensive list of all OC Schools

- Orange County Department of Education has prepared a master list of all school locations in Orange County where families can pick up food.
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Anaheim Family YMCA: Grab and Go Meal Locations*

- Free Grab & Go Meals Walk-up or Drive-up
- 18 years old and younger OR 18+ who meet the CDE's definition of mental or physical disability
- Hours: Monday Friday 11:00 a.m. 12:30 p.m. and 4:30 p.m. 5:30 p.m.
- Phone: (714) 635-9622
- Multiple locations across Anaheim

Child Creativity Lab*

- Promotes creativity and STEAM in kids ages 6-12
- Posting free STEAM content on their <u>YouTube channel</u>

Tustin Community Foundation: Grab and Go Food

- Grab and Go lunch and breakfast at no cost to children 18 and under
- Children must be present at pick up
- 11:00 a.m. 1:00 p.m. weekdays

Food Resources for Seniors

Age Well Senior Services: On the Go Food for Seniors

- Senior Center Grab and Go Lunch
- Can get up to 3 meals
- Locations: Laguna Hills, Laguna Niguel, San Juan Capistrano, Dana Point, Mission Viejo, Rancho Santa Margarita, Laguna Beach, Newport Beach/Corona Del Mar, San Clemente

Alzheimer's Orange County: Grocery Stores with Special Senior Hours

Catholic Diocese of Orange County*

- Home delivery of groceries for Seniors and Veterans
- Phone: (844) 279-0105

Irvine: Meals of Wheels

- Irvine Meals on Wheels provides nutritious, healthy, great tasting meals to senior residents or other individuals who cannot prepare or shop for meals themselves.
- Delivered Monday through Friday between 11:30 a.m. and 1:00 p.m.
- Phone: (949) 724-6927
- Location: 20 Lake Road Irvine, CA 92604

Meals on Wheels Orange County: Meals for Seniors

- Up to 7 grab and go lunches to take home once a week. Must bring ID, or ID for individual who will receive the meals.
- Locations: Anaheim, Brea, Buena Park, Costa Mesa, Cypress, Fountain Valley, Fullerton, Garden Grove, Huntington Beach, La Habra, Orange, Santa Ana, Seal Beach, Stanton, Tustin, Westminster

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Senior Services

Office on Aging: Seniors with any need, please call 1-800-510-2020

- Extended Hours: Monday-Friday 8:00 a.m. 8:00 p.m.
- Languages: English, Spanish, and Vietnamese

Age Well Senior Services

- · Provides services that promotes health and well being for seniors
- Phone: (949) 855-8033
- Location: 23101 Lake Center Drive, Suite 325, Lake Forest, CA 92630

Braille Institute

 Services for blind and visually impaired adults. While their classes and services are temporarily suspended, they are here to provide support during the "safer-at-home" mandate by phone or online.

Council on Aging Southern California

- Health Insurance Counseling, Concierge Care Navigators, Answer Resource Guides, Senior Protection Program, etc.
- Phone: (714) 479-0107
- Location: 2 Executive Circle, Suite 175, Irvine, CA 92614

Covia's Well Connected Program

- In this time of separation, Well Connected and Well Connected Español are here to provide support—to provide laughs, intellectual stimulation, inspiration, conversation and more, all via groups you can join from home, by phone or online.
- Phone: (877) 797-7299

Helping Hands Senior Foundation

- Offer free care planning service to seniors of any income, insurance, and/or health condition.
- Help people learn about great healthcare resources, housing with assistance for low income/disabled seniors and many great programs to seniors improve their quality of life.

ReConnect*

- EISOA Program: Early Intervention Services for Older Adults
- Offers comprehensive services to adults 60+ experiencing emotional challenges and health barriers
- Languages: English, Spanish, Korean, Vietnamese, and Chinese
- Phone: (714) 479-0107

Sally's Fund*

 Delivering groceries, masks, and other necessities to seniors sheltering in place, transporting seniors to medical appointments and the grocery store, and picking up and delivering prescriptions

- Hours: Weekdays 8:00 a.m. 5:00 p.m.
- Phone: (949) 499-4100
- Location: Laguna Beach

Mental Health Services

CDC's Mental Health Page

Center for Workplace Mental Health

CHOC Children's: 7 Ways to Help Kids Cope with COVID-19 Anxiety

FACES*

- Telehealth and Counseling via Phone
- No Cost 30 minute session
- Contact: (714) 447-9024 or counseling1@facescal.org

Girls Scouts of Orange County: Girls Scouts at Home

- Online resource to serve all K-12 girls at home during the COVID-19 pandemic.
- The resources include access to <u>Girl Scouts of the USA</u>'s new online platform, featuring free, selfguided activities for K-12 girls and local activities from Girl Scouts of Orange County.

National Alliance on Mental Illness*

- <u>COVID-19 Guide, Nami Mentor Program</u>
- OC Warmline provides emotional support and Orange County resources at no cost.
- Hours: Monday-Saturday 9:00 a.m. 3:00 a.m. and Sunday 10:00 a.m. to 3:00 a.m.
- Phone: (714) 991-6412

Mental Health America:

 Tools and information on anxiety; resources for immediate response; how-to articles; webinars and workshops; articles specifically for parents, caregivers, older adults, domestic violence survivors, LGBTQ+ individuals, and veterans.

OC Links: Behavioral Health Information and Referrals*

- Provides support both by phone and online chat
- Services: mental health, alcohol and drug inpatient and outpatient, crisis programs, prevention and early intervention services
- Phone: (855) 625-4657

Active Minds: Resource Supporting Mental Health

· Resources for students, young professionals and parents

Sanvello: App Offering Free Premium Access

• On demand help with reducing stress and anxiety.

Veterans Services

Goodwill of Orange County: Tierney Center for Veteran Services*

- Providing comprehensive support services for veterans and their families, including but not limited to financial assistance, employment assistance, housing, behavioral health resource referrals, resume building and more. Services are provided by email, phone, text and ZOOM.
- Veteran Navigators will work with you and your family to meet your needs, connect you to resources, and ensure you are supported during this challenging time -- and always.
- Phone: (855) 998-3837

North Orange County Vet Center*

- Free readjustment counseling services for combat veterans, Telehealth visits only
- Hours: Monday-Friday 8:00 a.m. 4:30 p.m.
- Phone: Regular Hours (714) 776-0161. After Hours (877) 927-8387

South Orange County Vet Center*

- Services: counseling, employment referral, community outreach and education, referral of other VA services
- Hours: Monday-Thursday 8:00 a.m. to 8:00 p.m., Fridays 8:00 a.m. to 4:30 p.m.
- Phone: Regular Hours (949) 348-6700. After Hours (877) 927-8387
- Location: 26431 Crown Valley Parkway, Suite 100, Mission Viejo, CA 92691

Veteran Services*

- Services: Health and Wellness, Retirement Planning, Financial Planning, and PTSD and Trauma programs
- Phone: Toll-Free (844) 200-0012

Childcare for First Responders and Essential Workers

Boys and Girls Clubs of Tustin*

- Hours: Monday-Friday 7:30 a.m. 6:00 p.m.
- Phone: (714) 838-5223 or (909) 542-5089
- Location: 580 W. 6th St. Tustin, CA 92780

Boys and Girls Clubs of Huntington Valley*

- Hours: Monday-Friday 6:30 a.m. 6:00 p.m.
- Phone: (714) 531-2582
- Locations: Huntington Beach and Fountain Valley

Boys and Girls Clubs of Central Orange Coast*

- Hours: Monday-Friday 6:30 a.m. 5:00 p.m.
- Contact: eaguirre@boysandgirlsclub.com
- Location: 2131 Tustin Avenue, Costa Mesa, CA 92627

Children's Home Society of California*

• Child Care Referral Database

Mariners Church*

• Healthcare workers in need of childcare (infant to age 5)

Pet Food Services

Calvary Chapel West Grove in Garden Grove

- Pet food available at Bread of Life Pantry
- Hours: Thursday's and Friday's from 3:00 p.m. to 5 p.m.
- Phone: (714) 897-8972
- Location: 12832 Knott St., Garden Grove, 92841

Christ Cathedral Community Outreach

- Hours: Open on the first Saturday of the month from 10:00 a.m. to 12:00 p.m.
- Phone: (714) 282-3097
- Location: 13280 Chapman Ave., Garden Grove, CA 92840

Community of Christ Church in Anaheim

- Pet food available through Paws for Peace pet food pantry. Open most Fridays from 10:30 a.m. to 1:30 p.m. and Sundays from 10:30 a.m. to 11:30 a.m.
- Phone: (714) 535-1675
- Location: 827 S Walnut St, Anaheim, CA 92802

The Courtyard of Santa Ana

- Hours: Wednesday nights at 5:30 p.m.
- Phone: (714) 451-6198
- Location: 400 W. Santa Ana Blvd., Santa Ana, 92701

Illumination Foundation in Stanton

- Hours: Monday Wednesday and Friday from 10:00 a.m. to 1:00 p.m. in the Food Pantry
- Phone: (714) 507-2459
- Location: 7855 Katella Ave., Stanton, CA 90680

RSM Food Pantry in Rancho Santa Margarita

- Hours: First and third Wednesday's of the month 2:00 p.m. 5:00 p.m.
- Phone: (714) 282-3097
- Location: Shepard of the Hills United Methodist Church 30605 Avenida de las Flores, Rancho Santa Margarita, 92688

Giving Back - Donations Needed:

Anaheim Family YMCA*

• Essential Items needed: Toilet paper, Hand sanitizers, Disinfectant items (wipes, gloves, cleaners, sponges, empty spray bottles, buckets), Paper Towels, Anti-bacterial Soap, Non-perishable food, Trash bags, Toothbrushes, Children books and games, Thermometers, Deodorant, Toothpaste, Sanitary napkins.

Charity on Wheels*

- Food donations needed
- Hours: Monday and Wednesday 9:00 a.m. 12:00 p.m.
- Phone: (714) 406-3049
- Location: 3152 E La Palma Suite D, Anaheim, CA 92806

Influence Church*

- Items Needed: non-perishable items, canned goods, hygiene products, and grocery gift cards
- Drop-off Hours: Sundays 9:00 a.m. 12:00 p.m.
- Location: 8163 E Kaiser Blvd, Anaheim, CA 92808

Mariners Church*

- Click Here for a complete list of items needed.
- Drop-off Hours: Every day 8:00 a.m. 8:00 p.m.
- Location: Chapel Lot 5001 Newport Coast Drive, Irvine, CA 92603

Volunteer Opportunities

If you are looking for ways to give back to the community, the organizations below are looking for volunteers.

- OC United Way
- Second Harvest Food Bank
- Goodwill Orange County
- OneOC
- Give Blood or Volunteer to Support American Red Cross

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Garden Grove Tourism Promotion Corporation

🚰 Garden Grove Hospital Medical Center



Contact:

Cindy Spindle, CEO/President 12866 Main Street, #102, Garden Grove, CA 92840 714-638-7950 <u>ceo@gardengrovechamber.com</u>





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Garden Grove Chamber of Commerce | 12866 Main Street, Suite 102, Garden Grove, CA 92840-5298

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